

***Intensive Apitherapy and Apipuncture Course and Workshop
with Dr. Stefan Stângaciu from Romania***

**Venue: Adelaide Hills Convention Centre, Lakeview Function Room,
145A Mount Barker Road, Hahndorf. S.A. 5245.**

Dates: July 1 and 2

Preliminary program

Day 1

Morning

- **Introduction in Apitherapy.**
- **Origin of all bee products.**
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- **Importance of Medicinal Bee Plants for Apitherapy.**
- **Bee Anatomy/Physiology and its importance on the quality of bee products.**
 - o **How to fight varroa and other bee diseases with natural methods like hyperthermia, medicinal plants, essential oils or drone larvae removal**
- **Medicinal Beekeeping vs Industrial/Ecological beekeeping.
What form of beekeeping is best for our health?**

Afternoon

- **Main Characteristics and Composition of the bee products** (bee bread, bee pollen, bee venom, honey, propolis, beeswax, beehive air, royal jelly, Apilarnil).
- **Main Pharmacological properties, actions, indications, contra-indications, risks and limits of use of bee products.**

Day 2

Morning

- Rules and principles on how to make apitherapy products and preparations of maximum efficacy in the treatment of human and animal diseases.
- How to make an apitherapy “cocktail” for general population and for specific diseases/conditions.
- How to administer best the bee products for a faster healing/improvement.
 - o An introduction in the Anatomy and Physiology of acupuncture points and meridians.
 - o Best methods to stimulate with bee products the acupuncture points and meridians.
 - ♣ Acupressure with a bee venom massage cream
 - o Administration of bee products through the respiratory tract
 - o Practical hands-on honey detox massage

Afternoon

- A few Apitherapy Protocols in the treatment of the most frequent human and animal diseases; among these we will discuss, according to the needs of the participants, the main details on how to prevent and treat:
 - Liver diseases (Hepatology).
 - Cardiovascular diseases.
 - Digestive diseases (Gastro-enterology).
 - Metabolic disorders like obesity, gout and diabetes.
 - Respiratory diseases (Pulmonary medicine).
 - Skin diseases (Dermatology).
 - Uro-genital diseases.
 - Sexuality disorders including impotence and infertility.
 - Joints diseases (Rheumatology).
 - Neurological diseases like multiple sclerosis, Parkinson or Alzheimer.

Important! The contents of the Course can be flexibly changed, according to the needs of participants.